St Andrew's Church of England Primary School

LKS2 Knowledge Organiser – Term 3 PE – Dance

Outcomes
Improvise freely, translating ideas from a stimulus into movement.
Share and create phrases with a partner and in small groups.
Repeat, remember and perform these phrases in a dance.
Take the lead when working with a partner or group.
Use dance to communicate an idea.
Work on their movements and refine them.
Dance clearly and fluently.

Motif



Key vocabulary
position – where our body can move in-between different spaces.
motif – an idea or movement that can be transformed into a dance.
sequence – Where more than one movement are linked together.
variations – used to help plan and structure a dance -this could be how emotion is demonstrated to a piece of music.
gesture – the movement of any part of the body that is not on the floor.
travelling – the method in which our body moves from place to place.
contrast – a movement that is noticeably different from anything in the dance (change of level/speed/emotion).
rhythm – the way our body responds to music.

Gesture and contrast



Variation and movement

