

St Andrew's Church of England Primary School

LKS2 Knowledge Organiser - Term 1 2026-27 RE - What is religion? What is spirituality?



Glossary of key words:

Vocabulary	Definition
<i>worldview</i>	Describes the way in which a person encounters, interprets, understands and engages with the world.
<i>religion</i>	Is a formal system involving beliefs, identity, community and guidance on how to live.
<i>spirituality</i>	Anything that provides a deeper or richer sense of self, other, world and the beyond.
<i>Celtic</i>	An ancient group of people with their own language, culture and traditions.
<i>meditation</i>	Is a way to calm your mind, focus your thoughts and feel peaceful, helping you to pay attention to the present moment
<i>Waheguru</i>	A special name for God in Sikhi, meaning 'Wonderful Teacher'.
<i>Naam japo</i>	Is the remembrance of God by repeating and focussing the mind on His name or identity.
<i>Vand chako</i>	To share what you have and to consume it together as a community.
<i>Kirtans</i>	Is a form of devotional singing that is deeply rooted in the Sikhi religion.
<i>Non-religion</i>	Refers to people who do not belong to any organised religion or follow religious beliefs

By the end of this unit, we will understand that:

- Worldviews can be religious or non-religious.
- Worldviews can be organised or personal.
- Worldviews can change over time.
- People understand spirituality differently.
- Spirituality can be expressed through nature, art and poetry.
- Sikhs express their spirituality through meditation, mindfulness and devotion to Waheguru.
- People who do not follow a religion may still have spiritual beliefs and practices.

