National Curriculum

Physical Education

Key Stage 1 – PE MAPs©

Year 1

Planning and Assessment: PE Measures of Attainment and Progress (PE MAPs©)

Area of Experience and Development

End of Year Age Related Expectations (Personal)

Children ***begin to become aware of their own feelings and the feelings of others*** when working together. They can ***follow basic instructions and*** generally ***do their best*** in any physical ***tasks on their own***.

PERSONAL

Skills, Knowledge & Understanding

1	2	3	4
Children are beginning to become ***secure in some aspects*** of the end of year expectations	Children are ***secure in the majority of the aspects*** of the end of year expectations	Children are ***secure in all or almost all of the aspects*** of the end of year expectations	Children ***add more depth and breadth*** to their knowledge of the end of year expectations
*They **display some examples** such as being able to:* ▪ Recognise that they can have feelings of excitement and happiness when they move about to music ▪ Recognise that they might feel sad if they are caught first in a chasing game ▪ Start to recognise that they and their partner can develop feelings of enjoyment working together, playing 'follow the leader' in a travelling task	*They **display some more examples** such as being able to:* ▪ Start to notice they and their partner can develop feelings of frustration and disappointment working on a 'throw and catch' activity that isn't going too well ▪ When rolling a ball at a target, start to recognise that their partner would like to have a turn too ▪ Start to recognise that ***both*** they and their partner would like to have an opportunity to demonstrate their balance	*They **display even more examples** such as being able to:* ▪ Start to recognise when working on a simple movement to music with their partner, that they both need the chance to speak about it ▪ Stop moving when the teacher tells them or put the cones where they have been told to ▪ Show they put a lot of effort into performing their physical skills the best they can	*With regards to the aspects of the end of year expectations, they:* ▪ Start to consolidate and embed them ▪ Use and apply them more regularly ▪ Use and apply them with greater consistency ▪ Use and apply them more appropriately ▪ Take more opportunities to use them

The majority of children are expected to work within and achieve Measures 1-4, with ***most children achieving Measure 3*** by the end of the year.

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