National Curriculum

Physical Education

Key Stage 1 – PE MAPs©

Year 2

Planning and Assessment: PE Measures of Attainment and Progress (PE MAPs©)

Area of Experience and Development

End of Year Age Related Expectations (Health)

Children give a ***simple explanation*** of how to exercise safely.
They ***describe*** how their bodies feel ***during different activities*** and have a ***simple awareness that exercise is good for them.***

HEALTH

Skills, Knowledge & Understanding

1	2	3	4
Children are beginning to become ***secure in some aspects*** of the end of year expectations	Children are ***secure in the majority of the aspects*** of the end of year expectations	Children are ***secure in all or almost all of the aspects*** of the end of year expectations	Children ***add more depth and breadth*** to their knowledge of the end of year expectations
*They **display some examples** such as being able to:* ▪ Say that they need a space to work in where they don't bump into any equipment, the wall or other children ▪ Identify that they need to be able to move around in their own space and be able to stop under control ▪ Say that they need to wear particular clothes and footwear or, depending, bare feet to exercise safely	*They **display some more examples** such as being able to:* ▪ Describe that it is important that they warm-up their muscles and get their heart beating faster when they exercise ▪ Recognise and describe how their heart beats faster when they stop resting and start to run or skip for a period of time ▪ Describe that their heart doesn't beat as fast when they are still, holding a balance or rolling a ball to a partner	*They **display even more examples** such as being able to:* ▪ Describe that their body is warmer, their heart beats faster and they breathe more quickly running around, dodging in a 'Tag Game', than standing still, throwing a ball at a target ▪ Say that running around is good for their heart and makes their body stronger ▪ Identify that being active is a good thing for their health	*With regards to the aspects of the end of year expectations, they:* ▪ Start to consolidate and embed them ▪ Use and apply them more regularly ▪ Use and apply them with greater consistency ▪ Use and apply them more appropriately ▪ Take more opportunities to use them

The majority of children are expected to work within and achieve Attainment Measures 1-4, with ***most children achieving Attainment Measure 3*** by the end of the year.

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