TRUTHFULNESS

HOME SCHOOL VALUES

This term we will be focussing in school on the value TRUTHFULNESS. We hope your family will find these ideas helpful as you explore the value and have fun together.

TALK ABOUT TRUTHFULNESS TOGETHER...

'I promise to tell the **truth**, the whole **truth** and nothing but the **truth**, so help me God'

In a court of law a witness swears an oath on the Bible or another sacred text, but sometimes in everyday life people find it more difficult to be **truthful**.

Talk together about occasions when complete honesty could cause trouble or be hurtful. For example:

- When a member of your family asks you if you like their new shoes
- When telling the **truth** will get your friend into trouble
- When someone asks what you are thinking but the answer would hurt their feelings

THINK TOGETHER ABOUT WORDS OF WISDOM

"To be **truthful** with others, you must first be **truthful** with yourself"

Anon

READ TOGETHER...

A Day That Changed Everything

It began just as any other day.

Peter the fisherman was mending his nets as he always did.

But then Peter met Jesus. On that ordinary day his life was changed for ever.

Peter was to actually *see* Jesus heal people who were ill, make blind people see again, and turn 5 loaves and 2 fish into a feast for 5000!

Peter became Jesus' follower and friend. "I will do anything for you" he said to Jesus. "Just say the word!"

"One day you will tell people you never knew me" said Jesus, "and then a cock will crow."

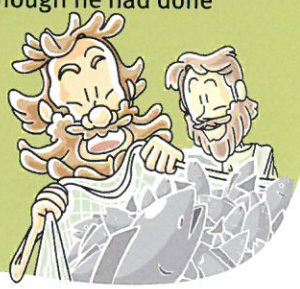
"No" shouted Peter "Never, Never, Never!"

Sure enough, life for Jesus did become difficult - difficult and dangerous.

The day came when Jesus was on trial for his very life. He needed his friend to stand by him. But Peter said "I don't know him, I never knew him, I never saw him before."

And at the end of the day a cock crowed.....just as Jesus had said it would.

Jesus was sentenced to death and crucified, even though he had done nothing wrong.



But death could not defeat God's Son! Three days later Jesus was alive again and went to find his friend, not to blame him but to forgive him.

It was a new day and Peter had another chance.

Everything was different!

Bible story based on Luke 5: 1-11; Luke 22:54-62; John 21:15-19

QUIZ

Words in the Fishing Net

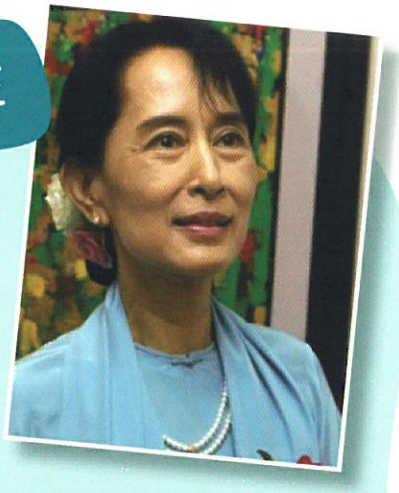
Pair letters from the net together to make words from the story.
You could colour matching halves...

For answers, see reverse.



HALL OF FAME

Aung San Suu Kyi



For many years the nation of Burma was ruled by their ruthless army which refused to allow the ordinary citizens to have free elections to choose their leaders. If Burmese people spoke openly about politics they were thrown into prison or even killed. But a tiny brave woman called Aung San Suu Kyi refused to be silent about the **truth** of what was happening in her country. She campaigned openly but peacefully in the streets and around the world for Burma to have free elections. For this the army put her under house arrest, keeping her prisoner in her own home for 20 years! Whilst under arrest she was awarded the Nobel Peace Prize for being 'an outstanding example of the power of the powerless'

In 2010 Aung San Suu Kyi was finally freed by the army just after free elections were held in Burma for the first time. On her release thousands of people gathered to welcome and thank her for standing for **truth** and democracy and helping to bring about change in Burma.

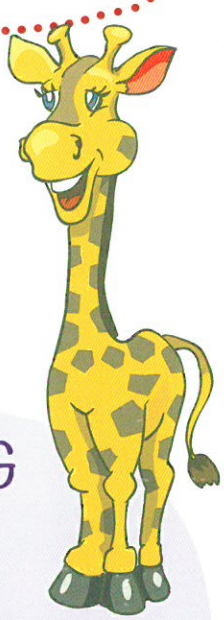
HOME-SCHOOL CHALLENGE

Truth be Told

If you could ask a famous person (from history or alive today) to answer a question about themselves what would it be?
For example,
David Beckham - How old were you when you knew for sure that you wanted to be a footballer?
Aung San Suu Kyi - Was there ever a time when you felt like giving up your campaign in Burma?

Make a colourful question mark and write your question on it to take into school to display in the Gallery.





FAMILY FOCUS

The human body is probably the most complex machine on earth. But do you know what your body is made of, how it moves and how all the parts work together?

See if you can answer these questions correctly.

a. Your brain is made up of - 20%, 50% or 80% water?

b. Taking a step forward uses - 30, 100 or 200 muscles?

c. A single blood cell takes ½, 1 or 4 minutes to make a complete circuit of the body?

d. An adult has 158, 206 or 278 bones in their body?

e. A finger nail takes 3, 4 or 6 months to grow from base to tip?

FASCINATING FACTS... ...ABOUT US

Humans and giraffes have the same number of bones in their necks.

You can't tickle yourself.

You can't keep your eyes open when you sneeze.

Overnight while you sleep you grow nearly 1 cm, but you shrink again next day.

The length from you wrist to your elbow is the same as the length of your foot.

In 30 minutes an average person gives off enough heat to bring over 2 litres of water to the boil.

Answers to Quiz: JESUS PETER HEAL LOAVES FISH NETS COCK ALIVE
Answers to Family Focus: a 80, b 200, c 1, d 206, e 6

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